

PROGRAMM

Freitag, 29. November 2019
10.00 – 17.00 Uhr

Samstag, 30. November 2019
10.00 – 17.00 Uhr

VERANSTALTER UND VERANSTALTUNGSORT

Dr. Tilman Rentel
Praxis für Psychotherapie
Universitätsstr. 50
91054 Erlangen

mail: info@tilman-rentel.de

KOSTEN: 350 €

ANMELDUNG (bis 1.11.2019)

**bitte per post mit unten ausgefüllten Informationen oder
per email unter: info@tilman-rentel.de**

unter Angabe von Nachname, Vorname

Rechnungsanschrift,

Telefon und email-Adresse

Datum, Unterschrift



James Lawley Penny Tompkins

Penny Tompkins co-developed Symbolic Modelling which incorporates the Clean Language of David Grove. She is a leader in the field of autogenic metaphor and systemic change, and is a psychotherapist registered with the United Kingdom Council for Psychotherapy (UKCP). She is a supervisor, coach in business, international trainer and recognised Clean Assessor.

James Lawley studied with David Grove for 12 years. As a result he co-developed Symbolic Modelling, co-authored "*Metaphors in Mind*" and a training DVD, *A Strange and Strong Sensation*. with his partner Penny Tompkins.

Together they have a private psychotherapy and coaching practice and teach Symbolic Modelling to therapists, counsellors, coaches, managers and teachers throughout the world.

James has also co-authored "*Insights in Space*" with Marian Way, nine academic research articles related to Clean Language, and over 200 other articles and blogs, all available at cleanlanguage.co.uk.

Das Buch "Metaphors in Mind" von James Lawley & Penny Tompkins sowie das Buch „Clean Approaches for Coaches“ von Marian Way sind als Lektüre vor dem Seminar empfohlen.

Das Seminar findet in englischer Sprache statt. Bei Bedarf kann eine Übersetzung organisiert werden. Bitte bei der Anmeldung Bescheid geben, ob das notwendig ist.



Penny Tompkins und James Lawley

Metaphor and Clean Language: A partnership for organic change

Prozessorientiertes Arbeiten mit Metaphern in der Eigensprache der KlientInnen mit Hilfe von Clean language

in Erlangen

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Overview

“Metaphor. That’s how the whole fabric of mental interconnections holds together. Metaphor is right at the bottom of being alive.” Gregory Bateson,

quoted by Fritjof Capra in *Uncommon Wisdom: Conversations with remarkable people*.

The Cognitive Linguistic revolution was founded on the premise that much of the way humans talk, think, make sense and act is through metaphor. Today, 40 years on, the experimental evidence has not only confirmed that premise, it has shown that our metaphorical language is intimately connected with our mind and body. The metaphors we use to speak and think make use of the very same neurology our bodies use to move through space and interact with our environment.

There is nothing accidental about the (mostly unconscious) metaphors we use – they are coherent and congruent with our way of being. And because of this they reveal *how* we make sense of our relationship to ourselves, others and the world.

Ordinary dialogue involves the interaction of two sets of verbal and non-verbal metaphors. The success of the dialogue will, in large degree, depend on the compatibility, or not, of those metaphors.

Symbolic Modelling developed out of David Grove’s insight that remarkable things happen when one person (the facilitator) decides to operate *entirely* within the logic of the client’s metaphors. Grove also recognised that a special ‘Clean Language’ is required in order to prevent the *unintended* imposition of the facilitator’s metaphors and to “ease entry into the matrix of experience”.

We have dedicated the last 20 years to identifying how facilitators can best put Grove’s insights into operation in therapy, coaching, consulting, health, education and more recently academic research.

Who's it for?

Symbolic Modelling can be applied in all manner of ways, and therapeutically, it is ideally suited to working with: hard-to-define feelings that something is wrong, fearful, unsafe, or missing; internal conflicts, intractable and double-binding patterns; and unwanted reactions to trauma. *And*, it can develop resources that last a life-time and be used to explore the big issues of life—identity, sense of purpose, spirituality.

What's involved?

During this two-day workshop we will demonstrate and you can experience:

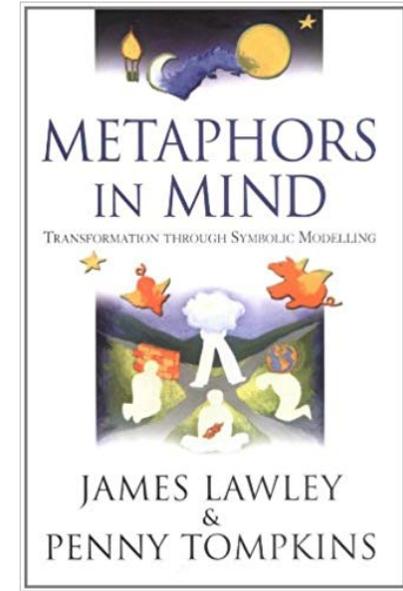
- How a network of idiosyncratic metaphors holds “mental interconnections together”
- How metaphors are inherently embodied – they just need to be given sufficient time and space to express themselves
- How metaphors of space, time, form and perceiver are fundamental ways people organise their experience
- how the psychoactivity of metaphor provides clients with a continually updating feedback loop that, though a process called *self-modelling*, creates the conditions for organic and systemic change.

Plus there will be time to practice and receive personalised feedback from acknowledged leaders in the field.

Because of the way Symbolic Modelling and Clean Language adapt to each client’s perceptions, it can be incorporated into many other approaches to increase a client’s awareness of the idiosyncratic deep structures that represent who they are, to increase engagement with their own embodied experiences, and to increase the opportunity for serendipitous changes.

Recommended reading:

James Lawley & Penny Tompkins :
Metaphors in Mind



And Marian Way, *Clean Approaches for Coaches*

